

FOOD

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BREAKFAST

LUNCH

DINNER

MONDAY

Lentil & Carrot Soup
Served with bread

TUESDAY

Cereal & Oats Porridge

Served with plant milks, fresh fruits, nuts, seeds and bread

Chickpeas & Bulgur Wheat

Served with salad and crackers

Fruit Bar & Pancakes

WEDNESDAY

Cereal & Millet Porridge

Served with plant milks, fresh fruits, nuts, seeds and bread

Mashed Potatoes, Sun loaf,
Steamed Veg & Gravy

Served with salad

Fruit Bar & Scones

THURSDAY

Cereal & Oats Porridge

Served with plant milks, fresh fruits, nuts, seeds and bread

Kidney Beans & Rice

Served with salad

Fruit Bar & Apple Crumble

Served with custard

FRIDAY

Cereal & Barley Porridge

Served with plant milks, fresh fruits, nuts, seeds and bread

Jacket Potato Bar

Served with various toppings and sauces

Fruit Bar & Bread

SATURDAY

Cereal & Granola

Served with plant milks, fresh fruits, nuts, seeds and bread

Lasagne

Served with salad and garlic bread

Fruit Bar & Vanilla Cake

SUNDAY

Cereal & Millet Porridge

Served with plant milks, fresh fruits, nuts, seeds and bread

Miscellaneous